



FINGER LENGTH

Measure your length from position A to B.

GLOVE SIZE

If you're between sizes, we recommend sizing down for a snug fit.

PALM WIDTH

Measure your palm width from position A to B.

MEN'S		WOMEN'S	
10.0 cm – 10.8 cm			
10.8 cm – 11.5 cm			
11.5 cm – 12.3 cm			
12.3 cm – 13.0 cm	10.0 cm – 10.5 cm		
13.0 cm – 13.8 cm	10.5 cm – 11.0 cm		
13.8 cm – 14.5 cm	11.0 cm – 11.5 cm		
14.5 cm – 15.2 cm			
15.2 cm – 15.9 cm			
15.9 cm – 16.5 cm			

XXX-Small	< 5.0 cm		
XX-Small	5.0 cm – 5.8 cm		
X-Small	5.8 cm – 6.5 cm		
Small	6.5 cm – 7.5 cm	5.5cm – 6.5 cm	
Medium	7.5 cm – 8.5 cm	6.5 cm – 7.5 cm	
Large	8.5 cm – 9.8 cm	7.5 cm – 8.5 cm	
X-Large	9.8 cm – 11.0 cm		
XX-Large	11.0 cm – 12.2 cm		
XXX-Large	12.2 cm – 13.7 cm		

Learn more about work gloves and hand protection we have.